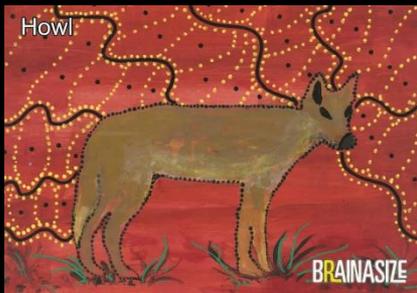


# Colours of the Earth

*We pay our respect to the Elders of this land; past, present and future*



A multitudinous mind game improving listening skills, memory, focus and concentration using animals, shapes and colours of Australia

Set of thirty cards included with the A2 vinyl board game

# Games able to be played

## Board game has different possibilities

- Game One: Musical:

Play 'Colours of the Earth (COE)' Song

See how many animals, shapes and colours you can tap as the song plays.

Three different speeds and variations

- Game Two: Follow the Numbers:

- Game Three: Match:

- Game Four: Math Challenge:

- Game Five: Rows of Fun:

- Game Six: Reverse Play:

- Game Seven: Poachers and Rangers

## Card Game has 4 different possibilities

- Game One: Musical same as board game

- Game Two: Snap

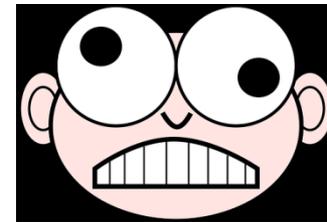
- Game Three: Matching pairs

- Game Four: Poachers and Rangers

# Why “Colours of the Earth?”

## Facts:

- 1 in 20 Australian children are diagnosed with ADHD/Hyperkinetic
- Audio Processing deficit is the new buzz diagnosis
- Dementia is the **second leading cause of death** of Australians.
- In 2020, it is estimated that almost 1.6 million people in Australia are involved in the care of someone living with dementia
- Improves listening skills in all ages
- Improves focus
- Improves concentration
- Improves “I can hear you but I don’t know what you are saying”



## Possible Causes of declining auditory skills :

- **Living in a visual, IT dominated world**
- Less family connection
- Fast paced lifestyles
- Stress, Anxiety
- Lack of mental stimulation

## Exercise your mind for aging

- Keeping the mind active is likely to reduce the risk of dementia. Regularly challenging mentally seems to build up the brain’s ability to cope with disease. One way to think about it is ‘Use it or lose it’.
- Find something that challenges the brain and do it
  - puzzles, crosswords or quizzes
  - **play card games or board games**

<https://www.dementia.org.au/statistics>

# Meet the team



## *Interests and qualifications*

Personal trainer  
Holistic healing  
Neuroscience  
Holistic Nutrition  
Meditation  
Music for healing  
Nature



I have an idea  
I have a tune in my head  
I have a dream



## The Brainasize Team

### Passionate About

Brainasize and its potential to help many

## *Interests and qualifications*

Early Childhood Educator  
Music and Oral Story telling  
Music for healing  
Literacy  
Community Events and activities  
Workshops and Public Speaking  
IT



# The inclusiveness of “Colours of the Earth”

- Involving the local Butchella people, local business, local musicians, local seamstress. Older people.
- It provides a unique product attractive to tourists showcasing local talent
- It provides mind games addressing listening skills, focus, concentration, memory, music, calming images
- **Music therapy** touches all aspects of the mind, body, brain and behavior.
- **Music therapy** is an evidence-based clinical use of musical interventions to improve clients' quality of life. [www.wikipedia.com](http://www.wikipedia.com)
- Is suitable for all ages and abilities preschool to seniors
- Targets children, students studying, our aging population any one wanting to improve focus and concentration, bridging the ages and just for fun
- Music is directed for ultimate benefit through earphones.
- See <https://advancedbrain.com> The listening program

# Acknowledgements

We acknowledge those who helped make this game possible.

*We acknowledge the contributors of the Butchella people*

*Artists: Aaron Henderson. Aunty Jan Williams and Interpreter Aunty Joyce Bonner*

Artists: Tommy Crowe, Les Raveneau

Musician: Roger Pilkington,

Sound Loren Niwa,

Packaging Deb Jones

Printing by Wolfpack

*In loving memory of  
Sonny and Missy who encouraged me to see  
the world through their eyes every day and  
inspired us to use music and nature to help  
heal others .  
Jodie*

